

Beta 3-Adrenergic Receptor (β 3-AR) Activation at the End of Sustained Ischemia and / or Early Reperfusion may Prove to be a Valuable Cardioprotective Strategy

Ruduwaan Salie^{1*}, Erna Marais², Amanda Lochner²

¹South African Medical Research Council, Biomedical Research and Innovation Platform, Cape Town Western Cape, South Africa

²Stellenbosch University, Faculty of Medicine and Health Sciences, Division of Medical Physiology, Centre for Cardio-metabolic Research in Africa (CARMA), Cape Town, Western Cape, South Africa

*Correspondence should be addressed to Dr. Ruduwaan Salie, Ruduwaan.salie@mrc.ac.za

Received date: August 01, 2022, **Accepted date:** September 09, 2022

Citation: Salie R, Marais E, Lochner A. Beta 3-Adrenergic Receptor (β 3-AR) Activation at the End of Sustained Ischemia and / or Early Reperfusion may Prove to be a Valuable Cardioprotective Strategy. J Clin Cardiol. 2022;3(2):47-50.

Copyright: © 2022 Salie R, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Keywords: Myocardial ischemia; Reperfusion injury; Cardioprotection; β 3-AR modulation

Introduction

The contribution of β 3-AR activation towards ischemia-reperfusion (IR) damage largely depends on the disease stage, severity, experimental model as well as drug specificities which should be considered when investigating β 3-AR pharmacology for potential therapeutic applications. These conceptions largely contribute to the discrepancies of the subsequent role of β 3-AR activation in the cardiovascular disease process. The β 3-AR delivers a sustained intracellular signal because of its resistance to short term agonist promoted desensitization, making this receptor an ideal target for therapeutic intervention; in this manner protecting the heart from catecholamine overstimulation.

Previous mechanical and /or pharmacological interventions applied at the end of ischemia or at the onset of reperfusion had varied cardioprotective outcomes. However, the current communication highlights the importance of the cumulative effect of transient β 3-AR stimulation with selective agonist, BRL 37344 at the end stage of ischemia [BRL (PerT)] and continued BRL treatment at the onset of reperfusion [BRL (PostT)]. This undoubtedly illustrate the significance of the end stage of ischemia as well as the onset of reperfusion in the concept of ischemia-reperfusion damage and the importance of the application of cardioprotective interventions at these time periods. Subsequently, if cardioprotective regimens are initiated during the late phase of ischemia and notably

continued into early reperfusion, it is likely that they will enhance protection, especially with longer durations of ischemia.

Cardioprotection not Limited to Ischemia or Reperfusion

The historical viewpoint of ischemia-reperfusion (IR) damage highlighted in the review of Turer and Hill, 2010 [1] emphasize the crucial observation of Jennings and colleagues, 1960 [2] that reperfusion following ischemia was associated with myocardial injury. In this milieu, reperfusion is additive to that component of cell death due to the ischemic event itself; on the other hand, reperfusion is an essential element of cardioprotection [3].

Since, ischemia as well as reperfusion forms part of the phenomenon of myocardial ischemia-reperfusion injury (IRI), the application of any cardioprotective strategy cannot be limited to either ischemia or reperfusion. For example, if drugs protecting against ischemic injury are administered after coronary occlusion in ST-segment elevation myocardial infarction (STEMI) patients, they may fail to penetrate severely ischemic areas with reduced or no collateral flow [4]. However, the application of antiplatelet therapy or dual antiplatelet therapy [5], confers greater antithrombotic efficacy and may result in moderately reperfused infarcts. Ideally, it would be better to apply any cardioprotective intervention as soon as possible, i.e. during ischemia that would guarantee adequate myocardial levels of the drug at the onset of reperfusion. Previous studies have investigated

the capability of cardioprotective interventions or drugs administered at the onset of reperfusion to reduce infarct size [6,7] and it is established that transient β -adrenergic activation with isoproterenol, formoterol or dobutamine before acute myocardial ischemia (AMI), elicits cardioprotection against subsequent ischemia [8,9]. However, many of these interventions rarely translate clinically, mainly due to variable clinical scenarios in patients, such as age, comorbidities, and co-treatments or therapies [10]. Subsequently, research of cardioprotective interventions should be aimed at more than a single cardioprotective signaling cascade but rather the convergence of cardioprotective signaling events.

β 3-AR a potential target in the treatment of AMI and / or heart disease

In the past, the emphasis was largely on the β 1- and β 2-adrenergic receptors but of late the β 3-AR has been explored as a potential target in the treatment of AMI and / or heart disease, which highlights a possible cardioprotective role of β 3-AR activation in reperfusion injury. The β 3-AR is identified as the third isoform of human β -AR [11] and is recognized for its role in smooth muscle cell relaxation in the bladder, gastrointestinal and urinary tract [12,13]. It is documented to be involved in cardiovascular control, due to its expression in vascular endothelial cells [14,15] as well as atrial and ventricular cardiac myocytes [16]. Normally in myocardial tissue, the β 1-AR (80%) and β 2-AR (17%) are more abundantly expressed compared to the low levels of β 3-AR (3%) [17]. Notably, the percentage of β 3-AR is increased at high catecholamine levels in myocardial ischemia or heart failure [16], which produces negative inotropic effects opposite to that of β 1- and β 2-AR and subsequent loss of function which may hold true, particularly during the end-stage heart failure.

β 3-AR activates the conventional NOS/NO/cGMP pathway and subsequently attenuate residual influences of β 1/ β 2-AR on contractility and remodeling [18]. The β 3-AR lacks serine and threonine residues sequences on the third intracellular loop and C-terminal tail targeted by G protein-coupled receptor kinases (GPCR kinases) or cAMP-dependent protein kinase (PKA) phosphorylation making this receptor resistant to agonist-induced desensitization [19]. It was documented that longer periods of ischemia accompanies increased sympathetic drive and excessive catecholamine release into the extracellular space of the myocardium which peaks at the onset of reperfusion [20], setting the stage for the up-regulation of the β 3-AR population [21] and a synchronized β 1- and β 2-ARs down-regulation [17]. However, the contribution of β 3-AR activation towards cardiac damage in myocardial ischemia or heart failure largely depends on the disease stage, severity, experimental model, drug specificities as well as duration of drug exposure, which should be considered when investigating β 3-AR pharmacology for potential therapeutic applications. These conceptions may largely contribute to the discrepancies of the subsequent role of β 3-AR activation in the cardiovascular disease process and cardioprotection.

β 3-AR Modulation at Various Stages of Ischemia / Reperfusion

This was evidently illustrated, using either an isolated rat heart model of acute myocardial ischemia / reperfusion, which allows for definitive evaluation of a specific mechanism / signaling pathway in the heart without systemic interference, or an *in vivo* swine model of ischemia-reperfusion. The application of β 3-AR agonist (BRL37344, 1 μ M) before ischemia as a pre-treatment (PreT), or at the end stage of ischemia, labelled as per-treatment (PerT), or at the onset of reperfusion as a post-treatment (PostT), all of which reduced infarct size of isolated rat hearts [28]. However, this cardioprotective effect could not be reproduced in a *in vivo* swine model of ischemia-reperfusion with mirabegron, an β 3-AR agonist with high specificity for the human β 3-AR. The drug was applied only near the end stage of ischemia before reperfusion and did not improve left ventricular (LV) functional recovery or reduce infarct size after 7 or 45 days post-IR [22]. In the *in vivo* swine heart failure model, continuously high systemic catecholamine levels from cardiac postganglionic fibers followed by high systemic catecholamine levels may result in unremitting β 3-AR activation, which may ultimately culminate in dilated cardiomyopathy, remodeling and fibrosis and perhaps transient β 3-AR inhibition should have been considered at the onset of reperfusion. Particularly, when it was reported that sustained β 3-AR activation in heart failure (HF) could contribute to impaired cardiac function due to its cardiodepressant effect [23]. By contrast with this hypothesis is the β 3-AR /NO-cGMP/ PKG signaling axis, which seems to be a robust cardioprotective mechanism that can be beneficial in failing myocardium [16,24]. However, whichever befitting premise for β 3-AR mediated cardioprotection would be appropriate; It is well established that the β 3-AR delivers a sustained intracellular signal [25] because of its resistance to short term agonist promoted desensitization [19], making this receptor an ideal target for therapeutic intervention and in this manner protecting the heart from catecholamine overstimulation [9].

β 3-AR Mediated Cardioprotective Signaling Pathways

BRL (PreT) and BRL (PerT)

Though, in the isolated rat heart model of acute myocardial ischemia / reperfusion, cardioprotection was achieved with β 3-AR modulation at various stages of ischemia / reperfusion protocol; the correlation between infarct size reduction and activation of cardioprotective signaling pathways were not always coherent [13]. For example, the cardioprotective effect of β 3-AR stimulation with selective β 3-AR agonist BRL 37344, applied before [BRL (PreT)] or during [BRL (PerT)] ischemia were achieved without significant activation of eNOS, ERKp44/p42 or GSK-3 β phosphorylation but significantly increased cGMP levels and PKB/Akt activation. This may be due to partial activation of the Reperfusion injury salvage kinase (RISK)

pathway, namely PKB/Akt and not ERKp44/p42, both of which features prominently in the cardioprotection of ischemic preconditioning [26]. In this instance, it can also be speculated that the absence of eNOS activation with BRL (PreT) or BRL (PerT) may be due to the lack of significant ERKp44/p42 activation, since similar findings shows the involvement of ERKp44/p42 in the regulation of eNOS at Ser602 in bovine aortic endothelial cells (BAECs) [27-29] as well as the role of ERKp44/p42 and p38 signaling pathways in eNOS activation [14].

The involvement of atrial natriuretic peptide (ANP) should also be considered, since it was found that the application of ANP at reperfusion protected against I/R injury [30,31] and exerted antiapoptotic effects in rat cardiomyocytes through cGMP-PKG by inducing PI3K/Akt signaling. Similarly, it can be ventured to say that the cardioprotection achieved with BRL (PreT) or BRL (PerT) may have had an element of ANP activation, subsequent PKB/Akt activation and accompanying increased cGMP levels. However, this idea and the way cardioprotection was achieved in the absence of GSK-3 β phosphorylation remain to be explored.

BRL (PostT) and BRL (PerT+PostT)

On the other hand, β 3-AR stimulation at the beginning of reperfusion, BRL (PostT), significantly reduced infarct size, marginally increased eNOS activation, significantly increased cGMP levels, PKB/Akt as well as ERKp44/p42 phosphorylation. Furthermore, combining BRL (PostT) with BRL (PerT) in the experimental group BRL (PerT+PostT), followed the conventional β 3-AR/NOS/NO/cGMP signaling cascade along with significant PKB/Akt, ERKp44/p42 as well as GSK-3 β phosphorylation [13].

BRL (PerT+PostT) a merger of cardioprotective signaling events

Although basic research provided the theoretical framework for and has identified many targets for ischemia-reperfusion therapy; the application of these targets to human disease are often disappointing in large scale clinical trials due to profound disparities between laboratory-based animal studies and human disease. The clinical consequences of IR injury are numerous and may include myocardial stunning, arrhythmias and no-reflow that could lead to further extended periods of secondary ischemia and infarction [32], which should be kept in mind when considering any cardioprotective strategy to curtail IR cardiac damage. In the past numerous mechanical and /or pharmacological cardioprotective interventions were applied at the end of ischemia or at the onset of reperfusion, which had largely diverse outcomes. Notably, cardioprotection was achieved with β 3-AR activation at different stages of the perfusion protocol, namely BRL (PreT), BRL (PerT) or BRL (PostT). However, combining transient β 3-AR activation with BRL at end stage of ischemia with BRL at the onset reperfusion [BRL (PerT+PostT)], undoubtedly illustrate the significance of

the end stage of ischemia as well as the onset of reperfusion in the concept of ischemia-reperfusion damage. Importantly, this strategy [BRL (PerT+PostT)] may have clinical significance, since the convergence of cardioprotective signaling events as well as inhibition of lethal cell death pathways during these time periods signifies the importance of cardioprotective interventions at these stages of IR. Subsequently, if cardioprotective treatments are initiated during the late phase of ischemia and continued into early reperfusion, it is likely that they will enhance protection, especially with longer durations of ischemia.

Ethics Approval and Consent to Participate

Not applicable.

Consent for Publication

All authors read and approved the final manuscript for submission to *The Journal of Clinical Cardiology*.

Available Data and Materials

Not applicable.

Competing Interests

We the authors of this manuscript, declare that we have no conflict of interest.

Funding

Not applicable

Author Contributions

The first draft of the manuscript was written by Dr Ruduwaan Salie and all co-authors commented and agreed on previous versions of the manuscript.

Acknowledgements

Not applicable.

References

1. Turer AT, Hill JA. Pathogenesis of Myocardial Ischemia-Reperfusion Injury and Rationale for Therapy. *Am J Cardiol.* 2010;106:360-368.
2. Jennings RB, Sommers HM, Smyth GA, Flack HA, Linn H. Myocardial necrosis induced by temporary occlusion of a coronary artery in the dog. *Arch Pathol.* 1960;70:68-78.
3. Park JL, Lucchesi BR. Mechanisms of Myocardial Reperfusion Injury. *Ann Thorac Surg.* 1999;68:1905-1912.
4. Figueras J, Otaegui I, Marti G, Domingo E, Bañeras J, Barrabés JA, et al. Area at risk and collateral circulation in a first acute myocardial infarction with occluded culprit artery. STEMI vs non-STEMI patients.

Int J Cardiol. 2018;259:14-19.

5. Layne K, Ferro A. Antiplatelet Therapy in Acute Coronary Syndrome. *Eur Cardiol.* 2017;12:33-37.

6. Murphy E, Steenbergen C. Mechanisms Underlying Acute Protection from Cardiac Ischemia-Reperfusion Injury. *Physiol Rev.* 2008;88:581-609.

7. Bullard AJ, Govewalla P & Yellon DM. Erythropoietin Protects the Myocardium Against Reperfusion Injury in Vitro and in Vivo. *Basic Res Cardiol.* 2005;100:397-403.

8. Asimakis GK, Conti VR. Preconditioning with dobutamine in the isolated rat heart. *J Life Sci.* 1995;57:177-187.

9. Salie R, Moolman JA, Lochner A. The Role of β -adrenergic Receptors in the Cardioprotective Effects of Beta-Preconditioning (β PC). *Cardiovasc Drugs Ther.* 2011;25:31-46.

10. Ferdinandy P, Hausenloy DJ, Heusch G, Baxter GF, Schulz R. Interaction of Risk Factors, Comorbidities, and Comedications with Ischemia/Reperfusion Injury and Cardioprotection by Preconditioning, Postconditioning, and Remote Conditioning. *Pharmacol Rev.* 2014;66:1142-1174.

11. Emorine LJ, Marullo S, Briend-Sutren MM, Patey G, Tate K, Delavier-Klutcho C, et al. Molecular characterization of the human beta 3-adrenergic receptor. *Science.* 1989;245:1118-1121.

12. Otsuka A, Shinbo H, Matsumoto R, Kurita Y, Ozono S. Expression and functional role of β -adrenoceptors in the human urinary bladder urothelium. *Arch Pharmacol.* 2008;377:473-481.

13. Salie R, Alsahin AKH, Marais E, Lochner A. Cardioprotective Effects of Beta3-Adrenergic Receptor. β 3-AR;Pre-, Per-, and Post-treatment in Ischemia-Reperfusion. *Cardiovasc. Drugs Ther.* 2019;33:163-177.

14. Trochu JN, Leblais V, Rautureau Y, Bévérilli F, Le Marec H, Berdeaux A, et al. Beta 3-adrenoceptor stimulation induces vasorelaxation mediated essentially by endothelium-derived nitric oxide in rat thoracic aorta. *Br J Pharmacol.* 1999;128:69-76.

15. Dessy C, Moniotte S, Ghisdal P, Havaux X, Noirhomme P, Balligand JL. Endothelial beta3-adrenoceptors mediate vasorelaxation of human coronary microarteries through nitric oxide and endothelium-dependent hyperpolarization. *Circulation.* 2004;110:948-954.

16. Gauthier C, Tavernier G, Charpentier F, Langin D, Le Marec H. Functional beta3-adrenoceptor in the human heart. *J Clin Investig.* 1996;98:556-562.

17. Bristow MR, Ginsburg R, Umans V, Fowler M, Minobe W, Rasmussen R, et al. Beta 1- and beta 2-adrenergic-receptor subpopulations in nonfailing and failing human ventricular myocardium: Coupling of both receptor subtypes to muscle contraction and selective beta 1-receptor down-regulation in heart failure. *Circ Res.* 1986;59:297-309.

18. Moens AL, Yang R, Watts VL, Barouch LA. Beta 3-adrenoreceptor Regulation of Nitric Oxide in the Cardiovascular System. *J Mol Cell Cardiol.* 2010;48:1088-1095.

19. Liggett SB, Freedman NJ, Schwinn DA & Lefkowitz RJ. Structural Basis for Receptor Subtype-Specific Regulation Revealed by a Chimeric Beta 3/ beta 2-Adrenergic Receptor. *PNAS.* 1993;90:3665-3669.

20. Schomig A, Dart AM, Dietz R, Mayer E, Kiibler W. Release of Endogenous Catecholamines in the Ischemic Myocardium of the Rat. *Circ Res.* 1984;55:689-701.

21. Moniotte S, Kobzik L, Feron O, Trochu JN, Gauthier C, Balligand JL. Upregulation of beta. 3)-adrenoceptors and altered contractile response to inotropic amines in human failing myocardium. *Circulation.* 2001;103:1649-55.

22. Rossello X, Piñero A, Fernández-Jiménez R, Sánchez-González J, Pizarro G, Galán-Arriola C, et al. Mirabegron, a Clinically Approved β 3 Adrenergic Receptor Agonist, Does Not Reduce Infarct Size in a Swine Model of Reperfused Myocardial Infarction. *J Cardiovasc Trans. Res.* 2018;11:310-318.

23. Cheng H, Zhang Z, Onishi K, Ukai T, Sane DC, Cheng C. Upregulation of Functional β 3-Adrenergic Receptor in the Failing Canine Myocardium. *Circ Res.* 2001;89:599-606.

24. Balligand JL. Cardiac salvage by tweaking with beta-3-adrenergic receptors. *Cardiovasc Res.* 2016;111:128-133.

25. Michel LYM, Farah C, Balligand JL. The Beta 3 Adrenergic Receptor in Healthy and Pathological Cardiovascular Tissues. *Cells.* 2020;9:2584.

26. Hausenloy DJ, Tsang A, Yellon DM. The Reperfusion Injury Salvage Kinase Pathway: A Common Target for both Ischemic Preconditioning and Postconditioning. *TCM.* 2005;15:69-75.

27. Bernier SG, Haldar S, Michel T. Bradykinin-regulated interactions of the mitogen-activated protein kinase pathway with the endothelial nitric-oxide synthase. *J Biol Chem.* 2000;275:30707-30715.

28. Niu X, Watts VL, Cingolani OH, Sivakumaran V, Leyton-Mange JS, Ellis CL, et al. Cardioprotective effect of beta-3 adrenergic receptor agonism: role of neuronal nitric oxide synthase. *J Am Coll Cardiol.* 2012;59:1979-1987.

29. Salerno JC, Ghosh DK, Razdan R, Helms KA, Brown CC, McMurry JL, et al. Endothelial nitric oxide synthase is regulated by ERK phosphorylation at Ser602. *Biosci Rep.* 2014;34:535-545.

30. Kato T, Muraski J, Chen Y, Tsujita Y, Wall J, Glembotski CC, et al. Atrial natriuretic peptide promotes cardiomyocyte survival by cGMP-dependent nuclear accumulation of zyxin and Akt. *J Clin Invest.* 2005;115:2716-2730.

31. Kloner RA, Ganote CE, Jennings RB. The "No-Reflow" Phenomenon after Temporary Coronary Occlusion in the Dog. *J Clin Invest.* 1974;1496-1508.

32. Fröhlich GM, Meier P, White SK, Yellon DM, Hausenloy DJ. Myocardial reperfusion injury: looking beyond primary PCI. *Eur Heart J.* 2013;34:1714-1724.